



TRAINING DEPT. NEWS

Seamanship Sail will be instructed by Robert Heap with the aid of Don Delves and Steve Vander Molen.

Weather will not be given this season because no one has yet offered to instruct. Surely some of you pilots could spare the time. If you call Martin Hoffman (277-4924) to offer your services the course may be saved.

Junior Navigation will be given by Boyd Ivens who will be assisted by Carol Quartermain.

Navigation will not be held this season.

REGISTRATIONS - A reminder

BASIC BOATING - Sept 20th and 22nd at Richmond (Hugh McRoberts Jr. Secondary School)
at Ladner (Delta Secondary School)

ADVANCED PILOTING - Sept. 21st at Delta Secondary School

SEAMANSHIP SAIL - Sept. 28th at Hugh McRoberts

SEAMANSHIP POWER - Sept. 28th at Hugh McRoberts

MARINE MAINTENANCE - Sept. 30th at Hugh McRoberts

<u>JR. NAVIGATION</u> - Sept. 28th at Hugh McRoberts

Note that it is registration only at this date and place.

Regular classes will be held on Monday evenings at the
Tsawwassen Yacht Club.

FOR SALE

Mercruiser propeller 16 x 15 brand new \$85.00 9 ft. fibreglass dinghy like new \$500.00 Dinghybat dinghy bracket \$150.00

CALL --- Norm Dyck 274-4887



SAILING WITH SUNDAY

The sun was just rising on a warm and sunny day, June 20, 1982, as the S.V. "Sunday" left Captain's Cove on her third crossing to Hawaii. Crew members accompanying Captain John and Ruby Friesen were John and Sue Foots, Carol Quartermain and her 17 year old twin sons, Ian and David. For John, Sue and the two boys it was their first offshore passage.

We checked in at Canada Customs in Victoria and spent the afternoon and evening visiting with relatives and friends. The next day we sailed to Neah Bay, Washington, and received our cruising permit for American waters from U.S. Customs. We had one last pig-out on ice cream and purchased other last minute items.

As we left Neah Bay at sunrise the next morning, my thoughts went back to our first departure from that spot on a grey October afternoon nearly 5 years earlier. We were all novices on that voyage and as we looked back on that last point of land disappearing in the darkness, we wondered when we would see it again. This time at the height of summer, with sunny skies and fair winds, we surveyed the rolling seas of a now familiar Pacific Ocean with much anticipation, enhanced by the excitement of the "First Timers".

Since "Sunday" had come home to B.C. last summer, John had been busy designing, building, installing, and rigging a very sturdy 8 ft. bowsprit. He felt it would give us more speed and easier sail management, especially sailing downwind with twin head sails. This proved true, When we finally reached the trade winds we were able to sail for over 10 days with very minor sail changes and with speeds of up to 12 knots. (John did say that this was slightly high, but that is what the log registered). Sunday also had her bottom cleaned and scraped and painted. With the mizzen sail up we were a pretty stable boat with practically no heeling over.

This was easily our most comfortable passage, with very little rain or foul weather, although we didn't have our usual number of magnificent sunrises and sunsets.

John Foote organized a crib tournament which was played out in the cockpit over several days. John Friesen and Sue Foote were the winners of A & B events, and took it down to the wire as John was the winner of their 7 game series.

As I usually do all the cooking, I don't stand watch and also get to sleep all night. Before starting on a voyage John and I usually can several quarts of beef and chicken to give variety to the meals, which include canned ham, corned beef, sausages and bacon, and also some fresh meat. We have good refrigeration run by the

SAILING WITH SUNDAY - (continued)

generator so we are able to keep cheeses and cold cuts for several weeks and also have fresh salads every day. Twenty eight loaves of bread lasted us for the whole trip, with only a few patches of mould on the last two loaves.



As the weather was reasonably mild, we only had the oil stove on once or twice. I did most of the cooking in my electric frying pan and electric pot, toaster, and kettle.

We had the fishing line out right from the start, but every day I would delay the evening meal in case a fish was in the offing. John Foote had built a beautiful fish box which sat there waiting day after day, too. Each crew member took a turn at "fishing" which consisted of sitting on the bean bag at the stern end for a few hours watching the line. One day while the captain had his afternoon nap. the diabolical crew decided to MAKE a fish. A piece of orange plastic, a bit of foam rubber, a can of tuna and some wool and our seamstress. Sue, (who also repaired sails) with the help of Carol fashioned a beautiful fish. After pictures were taken it was put out to sea at the end of the fish line, where it bobbed merrily along. Captain John finally arrived on the scene, spied the fish, called for the net and started hauling it in while we all got out our cameras and tried to keep from laughing. Before long, John realized he'd been duped and said "I think I've got a Winnipeq Goldeye." We never did catch a tuna, but we did pull in two beautiful mahi mahi, one over 3 ft. long.

There was some debate over who had read the most books. I think it was a toss up between David and Ian. Carol worked her way through "Noble House" and Sue knitted a whole sweater with a very complicated pattern.

Captain John talked on the Ham Radio nearly every morning with another vessel on its way to Hawaii. With Pacific Net every night and our schedule with Steve Gertsman 3 times a week, it was a busy crew. Phone patches were made to relatives and friends, and we really appreciated our contacts through Steve, who made the trip home with us last year.

As we have a Loran C on board now, we were able to pinpoint our position at all times. Several fixes were taken with the sextant to keep a check on the Loran.

Although we had good winds most of the time we did have to motor for nearly two days. The sea was like glass. We stopped the engine one day to have a peaceful lunch and just drifted for a couple of hours. An albatross settled on the water close to the boat and

SAILING WITH SUNDAY - (continued)

we fed it bits of food. Eventually I jumped into the water and swam over to it. He looked at me and I looked at him, but we didn't touch. The water was warm and no, I didn't see any sharks.

A tradition on our boat has been to have a contest predicting the sighting of land. This is done about 10 days before we get there. Predictions are put into a sealed envelope with one dollar each, which goes to the winner. My formula did not work for me this time, and Carol Quartermain was declared the winner. We opened a bottle of champagne and toasted another successful crossing to Honolulu with a very congenial crew. Our berth was waiting for us at the Ali Wai Marina and we tied up before noon on July 16.

Before everybody rushed off to swim or see the sights, we all helped the captain put a heavy plastic bottom cover on the boat, which John designed and had made up in Vancouver. It covers the whole bottom and comes up about 2 feet above water and is tied to the stanchions. The salt water is pumped out and fresh water hosed in. John is hoping this will prevent some of the heavy growth from forming on the hull that is prevalent in Hawaiian waters. We will know how this is working when we go down later in the year.

After four days of Hawaiian sunshine and delicious meals out, we all flew home to Vancouver safely and perhaps even soundly.

Ruby Friesen.





GRILLED FRESH CORN ON THE COB

2 cup butter or margarine 1 (1 3/8 ox.) envelope

onion soup mix

Combine butter and onion soup mix, and spread about 1 tsp. over each ear of corn. Wrap the corn individually in heavy aluminum foil, roast over medium coals for about 20 minutes, turning frequently. 5 servings.

QUICK BAKED POTATOES

To bake potatoes in half the usual time, let them stand in boiling water for 15 minutes before baking them in a very hot oven.



LABOUR DAY WEEKEND CRUISE

The Labour Day Cruise turned out to be another successful event despite a slow start (the weatherman's fault). The Friday night rendezvous in Degnen Bay consisted of Fairtide II - Dave & Daphne Williams & Family. THAT'S ALL :::

With an improvement in the weather on Saturday, seven boats assembled at the Ladysmith Government dock:

DAUNTLESS - Del & Marg Dash, Family & Guests
MONSOON II - Norm & Sue Dyck
FAIRTIDE II - Dave & Daphne Williams & Family
BLUEBELLS - Ray & Pat Scobie
MARIA J - Hank & Riny VanMontfoort & Family
KUU LANI - Don & Flo Delves
KHENIPSEN - Brian & Verna Payne & Family

Ten adult members of the cruise enjoyed a delicious Chinese meal at the Lung Fung Restaurant (Up hill all the way from the Government dock - hey Sue). The youngsters were treated to a hearty feast of "CRUNCHY CHILI".. Don't inquire about the recipe, it has been destroyed!!

On Sunday the cruise proceeded to Newcastle Island. Joining us at Newcastle were:

YAHTZEE III - Harry & Nessie Fane & Guests CAROMAR - Martin & Carolyn Hoffman

The Sunday Social Hour(s) was highlighted by Harry producing the largest salmon caught on a cruise this year. Harry insisted HE caught it.

On Monday morning everyone assembled on shore to participate in the "HEAVING LINE" throwing contest. Winners were:

Men's - Ted Dash - Dauntless

Ladies - Leslie - Guest on Dauntless

Junior - Rob Payne - Khenipsen

The cruise ended shortly after noon - a good time was had by all - Next cruise Thanksgiving Weekend.



Verna Payne

HELPFUL HINTS

Rub lemon juice on your hands after cleaning fish. This will help get rid of the fishy odours on your skin.

VOYAGING VEGETABLES

Most varieties of fresh vegetables can be washed on shore, placed in plastic bags, and popped into the boat's cooler or refrigerator, where they will stay crisp for days. (Fresh corn is one exception -- it should be cooked the day it is purchased.)

A few cans of green beans, tiny peas or onions would be handy stashed away in the galley for spur of the moment heating and eating.

Just as you would at home, cook all vegetables in the smallest possible amount of water. This will help retain the mineral and vitamin content as well as the bright appearance of the vegetable.

COMING EVENTS

Sept. 24,1982 - This will be the first Friday evening social of this winter season. Come to the brief meeting, enjoy the feature speaker and meet new boaters. Mike Cotter a partner in Tsawwassen Wind Surfing will bring boards, wet suits and all equipment used in this extremely popular sport. High grade wind surfing will be shown on video tape. See you at the Delta Town and Country Inn at 1930 hours.

October 9, 10 and 11, 1982 - Thanksgiving Day Cruise.

The rendezvous will be at 1400 on Saturday Oct 9 at the Government dock at New Brighton in Thornborough Bay, Gambier Island. A full Thanksgiving dinner will be served at approximately 1500 hrs. on Sunday Oct. 10 on board "New Venture II" while moored at New Brighton. Contact Daphne Williams (274-1085) or Marg Dash at her office (phone 688-1221 from 0900 to 1700) to co-ordinate your contribution of food. The season-long competition for Fraser's Fishing Trophy will still be active for this cruise. Monday Oct. 11 is going home day.

The Dash's can take anyone without a boat for a \$17.50 contribution per person to help with "New Venture II's" fuel. Call Marg Dash at her office (688-1221) for details.

October 22, 1982 - will be the date of the annual Wine and Cheese Party but this one will be different. A mini-grad will welcome those who earned their membership qualifications during the Spring Accelerated Boating Courses.