

THE

FAIRLEAD

FRASER POWER

SQUADRON NEWS

December 1982

Vol. 8

No. 6

Greetings of the Season
AND BEST WISHES FOR THE NEW YEAR



FROM THE BRIDGE

FRASER'S INSTRUCTIONAL STAFF

Previous issues of "Fairlead" have listed members of the executive and now we wish to acknowledge the efforts of those who have chosen to help our squadron by working in the classrooms.

1982-83 BOATING COURSE

Boating - Richmond - Monday

Class #1 - Instructor
Proctors

Bodo Meyer - 274-7515
Albert Dykstra - 271-2170
Virginia Walker - 277-4360
Ed Odette

Class #2 - Instructors
Proctors

Allan Eldred - 594-4188
Dave Gunn - 943-3376
Daphne Williams - 274-1085
Dave Williams - 274-1085

Boating - Richmond - Tuesday

Accelerated - Instructors

Bruce Hood - 277-9216
Rick Chapman - 274-3832

Boating - Richmond - Wednesday

Class #1 - Instructor
Proctors

Cliff Cunningham - 274-3073
Frank Bernstein - 277-9464
Orley Stewart - 273-0941
Ginger Rovers - 277-1803

Boating - Ladner - Monday

Accelerated - Instructor
Proctors

Harry Bergenstein - 943-3046
Don Sharland - 943-4342
Gene Foss - 943-5681

Boating - Ladner - Wednesday

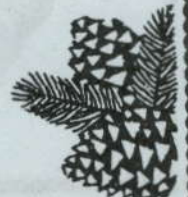
Class #1 - Instructor
Proctors

Gene Gauthier - 943-7103
Lorne Congdon - 591-9495
Blaine Hadden - 943-5853

Guest Instructors:

Dave Williams - 274-1085
Dave Martin - 943-4750

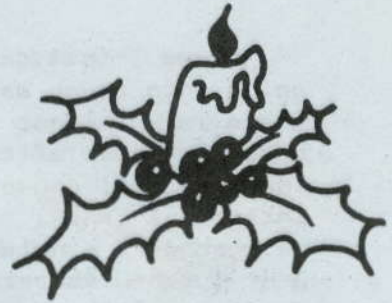
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FRASER'S INSTRUCTIONAL STAFF (continued)

Spare Proctors:

Brian Smith - 277-7981
Robert Smith - 277-7981
Lindsay Smith - 277-7981
Fred Willett - 270-4000
George Cook - 531-1478



ADVANCED/ELECTIVE COURSES

Seamanship Power - Richmond - Tuesday

Instructor
Proctor

John Jones - 277-3035
Jim DeVries - 274-8631

Seamanship Sail - Richmond - Tuesday

Instructor
Proctors

Rob Heap - 594-2135
Steve Vandermolen - 274-4855
Don Delves - 273-4017

Advanced Piloting - Ladner - Tuesday

Instructors

John Moran - 943-3416
Jack Gibbons - 277-7379

Junior Navigation - Ladner - Monday

Instructor
Proctor

Boyd Ivens - 943-2698
Steve Gertsman - 879-5075



Did You Know?

Too large a fuse isn't any better than no fuse.

POSSIBLE CURE FOR MOTION SICKNESS

Take 2 to 4 capsules of powdered ginger root 20 to 25 minutes before going into rough water. If you still feel queasy take more capsules. There is an almost automatic dosage indicator in the form of the "ginger burp." A burp after the last capsule indicates that enough has been taken. The burp will cause a slight burning sensation in the upper gastro-intestinal tract. If you haven't burped after the first few capsules wait about 5 minutes and then take 4 more capsules. A common intake is 3 or 4 capsules per hour or 12 capsules every 3 or 4 hours for the duration of the trip. Give the ginger a chance to go to work as the ginger has a nasty taste that makes being sick even more unpleasant.

Use only capsules to take ginger root as it is slightly caustic and irritating. The material can be obtained from health food shops. It does not have the side effect of causing drowsiness or other disorders of the central nervous system.

Warning: Check with the family physician before taking large doses, especially if you take other medication. This is a condensation of "Ginger: New Cure for Mal de Mer?" in the August 1982 issue of "Motor Boating & Sailing."

Here is more on seasickness remedies copied from the Feb. 1982 issue of "Motor Boating & Sailing" - -

RX RATED: TRANSDERM-V

I am writing to caution fellow yachtsmen against careless and perhaps inadvisable use of the well-publicized new seasickness remedy, Transderm-V, featured in the November issue. The drug in the discs, scopolamine, which is not new, has largely been dropped as a preoperative medication because of the intensity and unpredictability of its side effects. My family used Transderm-V on a cruise last summer. My daughter and son got seasick despite the medication, and my wife and daughter developed severe blurring of vision and dizziness after wearing the discs for 48 hours and for two full days after their removal.

Among the reported side effects of scopolamine are: blurred vision, difficulty with urination, tachycardia (rapid heartbeat), palpitations, increased pressure in the eye, headache, nervousness, drowsiness, weakness, dizziness and insomnia. The elderly may react to even small doses of the drug. I would recommend that it be used only by healthy young adults to age 40 or 45, only after checking with their doctor, and for not more than 24-48 hours. It should be avoided, in my opinion, by children, the elderly, pregnant women, and anyone with glaucoma, difficulty with urination, or an unstable heart condition.

Robert S. Gould, M.D.
Wellesley, MA

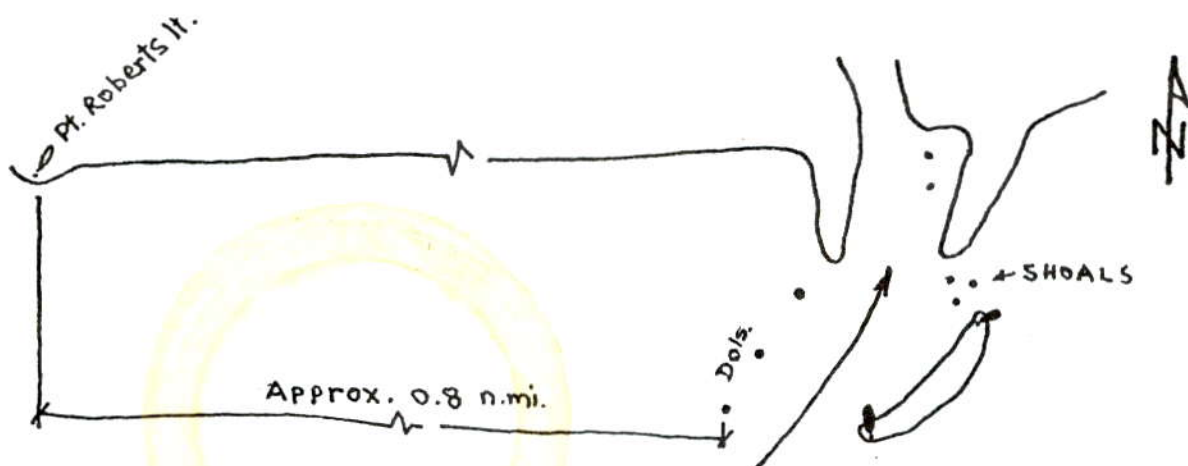


ENTRANCE TO POINT ROBERTS MARINA

by Steve Gertsman

The following information may prove helpful to anyone contemplating visiting the Point Roberts Marina by boat. The marina entrance can be difficult to spot in poor weather or at night.

Newer editions of Canadian chart 3450 show the general location of the marina with a red "M" with a circle around it. American chart 18421 actually shows the marina basin. Neither chart has any detail of the breakwater or dolphins marking the safe entrance channel. The sketch below shows the general layout of the marina entrance.



If you do not have American chart 18421 you should first locate the marina entrance on chart 3450 at approximately $48^{\circ} - 58.5' N$ latitude and $123^{\circ} - 03.7' W$ longitude. This corresponds to a distance of about 0.8 nautical miles from the prominent Point Roberts light and is shown by the tip of the arrowhead on the sketch above. The marina is entered between the rock breakwater and the row of dolphins as shown. There is a privately maintained quick flashing red light mounted on a small triangular frame at the southwestern end of the breakwater. The northeastern end is marked by a similarly mounted quick flashing white light.

At present the dolphins on the westerly side of the channel are unmarked, however, Harbourmaster Jim Lawson has told me that the marina will be installing fluorescent day markers on these dolphins. This should be done by the end of this year.

I hope this brief description will help alleviate the uncertainty resulting from the lack of detail on the present nautical charts.



PLEASE NOTE

PLEASE DO NOT SEND YOUR MEMBERSHIP RENEWALS TO TOM GRANT.

SEND THEM TO: HARRY FANE, 3280 BLUNDELL ROAD, RICHMOND. V7E 1G3



COMING EVENTS

Please note that there will not be a regular social evening in December. It is being replaced by the Christmas Party held on December 11th.

28 January 1983 - This will be the first social evening of the new year and the feature of the program will be given in the January issue of the Fairlead.



NOVEMBER SOCIAL

A near capacity audience of 108 faithful attended the November 26th social. The reason of course, was Bill Wolferstan, who, despite a very busy schedule agreed to be our guest speaker. This was Bill's third visit to Fraser. Bill presented a slide show based on his newest book, "Cruising Guide to B.C. Vol. III", covering coastal waters from Crescent Beach to Princess Louisa Inlet. As with Bill's previous books, the photography is superb, especially the aerial shots taken at near low water revealing shoals and rocks many of them uncharted.

Three lucky people won copies of the book as door prizes - a very welcome addition to any boaters library for sure!

Linda Nixon

A SAFETY TIP

Most of us, by now, have winterized our boats ready for the worst. You have a large investment so for peace of mind remember to check at least monthly to be sure that the boat is safe. If severe weather arrives, extra visits and precautions should be made. A word on safety: before doing anything to the electrical system, sniff for fuel fumes and, if necessary, ventilate the boat. A friend of ours did not and the simple act of changing a light bulb caused him severe burns and the loss of his boat.

Vic & Alare Ramos



FOR SALE

1976 28.5 ft. BAYLINER BOUNTY, EXCELLENT CONDITION, \$36,000 PHONE 277-1803

The following persons joined or rejoined Fraser at a date that was too late for their names to be included in the Roster by Prop Wash. You may wish to add this sheet to your Roster.

Allardyce Jim & Diane	591-5443
Barker Vanessa	278-7868
Billingsley Earl	946-5014
Boan Rob	536-6387
Booker Hal	270-7162
Boxma Kaye	594-5853
Brash Fred	946-2177
Craig John	943-8827
De Haas Vera & William	536-7943
Ellett John & June	926-9867
Foster Rick	270-4736
Gould Lanny	271-3806
Hamilton Keith	273-6380
Harris Wayne	274-0735
Hay Ron	943-3228
Ivany Michael	591-6402
Jamieson Ken & Illa	943-0506
MacLean Ian	274-0177
Madsen Ken	946-7738
Mann Hugh	278-8504
Ollgaard Eric	271-2808
Ounpuu Hans	946-0619
Passmore Nigel	946-6018
Radley Michael	946-6171
Read Tony	591-6438
Scarf Del	591-2591
Sorenson Allan	266-6995
Steele Ed	421-2740
Stolberg Ray	278-2527
Walker Bruce	591-9101
West Eric	943-2196
Wheaton Ann	271-5681